

## Notice of Exposure to Contagious Disease

Center: \_\_\_\_\_

Date: \_\_\_\_\_

**Dear Parent or Legal Guardian:**

**A child in our program has: CONJUNCTIVITIS (PINK EYE)**

**Information about this disease:**

**The disease is spread by:** Touching your eyes with infected discharge or mucus from the nose, throat or eyes.

**The Symptoms are:** The white parts of the eyes become pink and produce lots of tears and discharge. Eyes can be itchy and painful, sensitive to light, and in the morning the discharge may make the eyelids stick together.

**The disease can be prevented by:** Avoid touching your eyes, especially when sick.

**When should children with this illness be excluded?** Children with thick yellow or green pus should be excluded until checked by the child's doctor. The doctor will determine if the child needs to be treated (bacterial conjunctivitis) or not (viral conjunctivitis). There is no treatment for viral conjunctivitis, it will go away on it's own. Children with conjunctivitis caused by allergies are not excluded.

**What the program is doing to reduce the spread:**

1. Frequent good hand washing
2. Encourage children not to rub their eyes
3. Wash toys that come in contact with child's eyes

**What you can do at home to reduce the spread:**

1. Frequent good hand washing
2. Keep children from touching their eyes when sick.
3. Use tissues to wipe noses.
4. Use eye drops according to directions, if prescribed by a doctor.

If your child has any symptoms of this disease, call your health care provider to find out what to do and be sure to tell them about this notice. If you do not have a regular health care provider to care for your child, ask staff here for a referral. If you have any questions please contact:

\_\_\_\_\_  
Family Worker/Home Visitor

\_\_\_\_\_  
Phone Number